

## SENSITIZING TO WORK AT HEIGHT

Whether exposure to risk is frequent or occasional, it is vital to know how to assess that risk and how to make choices according to that assessment.

That training will teach you :

How to analyse a potentially risky situation, how to identify and set the equipments that will ensure the workers' security and how to improve the latters' productivity as well as the quality of their work.

PUBLIC	GROUP SIZE	DURATION	PREREQUISITES
Anyone who's involved in works at height	4 minimum	7 hours (total)	None
Training not accessible to people with disabilities	8 maximum	 180mn	
		 240mn	

**Objective :** To know what the respective responsibilities of everyone involved are, both in the legislative and in the regulatory fields.

**M1 regulatory context + M2 compliance and standardization of the products**

From the user (whether an employer, a security manager or an employee) to the manufacturer, what responsibilities does each person involved have ? Examples of accidents, analyses of risky situations and statistics of accidentology. The texts that regulate the use of equipments which protect from falls from heights and that condition their supply.

30mn 

**Objective :** To understand the general principles that condition the use of equipments which protect from falls from heights.

**M3 general principles**

Through various illustrations, presentation of the physical and mechanical principles that govern falls from heights as well as protective systems.

60mn 

**Objective :** Being able to identify and to use the adequate protective equipments.

**M4 composition of systems which protect from falls from heights + M5 composition of restraint and support systems**

Presentation of the equipment families and their technical characteristics : gripping the body, fall arrest links, anchoring devices, retaining links.

90mn   
190mn 

**Objectif :** Being able to stock, maintain and check one's equipments before each use.

**M6 Checking of PPI**

Presentation based on the user manual and questions on the practical exercise done previously.

20mn 

ASSESSMENT 30mn

<b>TRAINING CENTER NUMBER</b>	<b>CERTIFICATES</b>	
82 69 13281 69	Delivery of nominative certificates.	

**LOCATION**  
TR 00 001 01 : Training at KRATOS SAFETY (Heyrieux, 38).



MAJ : 02/2024